University of Minnesota Earl E. Bakken Center for Spirituality & Healing

We Discover, Teach, Connect, and Heal

**Our Mission**

Advance whole health and wellbeing by providing interprofessional education, conducting research, advancing integrative models of care, and delivering innovative community engagement programs.

**Our Vision**

Advance the health and wellbeing of people and the planet.

**Where We Focus**

Arts & Healing  
Culturally-Based Healing  
Food & Health  
Health Coaching  
Integrative Health, Medicine, & Nursing  
Leadership  
Mental Health  
Mindfulness  
Nature-Based Therapies  
Pain Management  
Self-Care & Empowerment  
Spirituality  
Stress Management  
Wellbeing & Resilience  
Whole Person Health  
Workplace Wellbeing

**Who We Serve**

Alumni  
Communities  
Donors  
Faculty  
Healthcare Providers  
Health Systems  
Media  
Organizations  
Patients and the Public  
Policymakers  
Staff  
Students

**What We Do**

Community Engagement & Support  
Consultation  
Education  
Research  
Service

**Whole System  •  Whole Planet  •  Whole Person**

**Our Values**

Compassion, love, and service motivate and drive our work.  
Diversity, equity, inclusion, and belonging are integral components of our culture and operations.  
Evidence-informed approaches integrating the best available data and lived experiences shape our actions and decision-making.  
Innovation emerging from learning and discovery holds the potential for transforming people, systems, and the planet.